



# Help AFR donate 50,000 meals in 2015 with the *"Drive Away Hunger"* food drive August 1 - September 30



**Back to School Milk Drive** connects an Oklahoma agriculture product to Oklahoma families in need. Milk is the most requested and nutrient-rich food item at food banks, but rarely donated.

**Getting Involved:**

- Donate online, donations are sent back to your nearest food bank in the form of a coupon. Your food bank uses the coupon to buy a fresh gallon of milk.
- Work with your local food pantry, grocery store or dairy processors to purchase and deliver milk for your community.
- For more information on how to donate, or to donate directly, visit [MilkLife.com/Give](http://MilkLife.com/Give)

**Plant A Row** is a people-helping-people program encouraging members to donate extra produce to their local food banks.

**Getting Involved:**

- Encourage producers at your local farmers market to donate extra, unsold produce to the local food bank.
- Donate old, unused seed packets
- Plant a little extra in your garden and donate the abundance to a food pantry in your community

**There will be a competition for AFR locals!**

**Prizes:**

- 1st Place - \$150
- 2nd Place - \$100
- 3rd Place - \$50

In support with:



For more information about the Drive Away Hunger with AFR campaign please contact LEAD Coordinator Megan Albright at (405) 218-5416 or [megan.albright@afrmic.com](mailto:megan.albright@afrmic.com)